

REPORT ON SEXUAL HEALTH EDUCATION IN THE (4) BENEFICIARY SCHOOLS BY AYA AFRIKA FOUNDATION

OBJECTIVE

This initiative is to augment the sexual health education in the school and also to bring to the other aspects of sexual health such as handling oneself as changes occur in the body.

OUTLINE

The workshop was to last for two hours and applied two main forms to execute it.

First was using videos, here students are shown videos concerning sexual health as this attracts their attention and sets the platform for later discussion, here students are grouped to enable easy discussion and control of students.

At the end students are given opportunity to ask questions on any concern they have.

FACILITATIONS:

This session of the health talks had four (4) facilitators

1. Emelia Ayenlokre-community health nurse
2. Madonna Kuunianabah – Midwife
3. Priscalisa Tan Besar – Bolga Municipal Girl Child health officer
4. Ayadago Assibit Martin – Public health nurse

Topics Discussed:

1. My changing body
2. Pressures related to sexual and harassment
3. Peer and social media influence related to sexual relations.

SCHOOLS:

1. Yebongo JHS
2. Kolgo JHS
3. St. Charles Lwanga JHS

HAPPENINGS FROM THE SCHOOLS

YEBONGO JHS

The health talk was scheduled on 11th July, 2023 at 12:00p, as agreed by the school. The school had 61 boys for the occasion. The team of facilitations arrived from 11:00pm as agreed in order to prepare to start at 12:00pm.

The team put the students into groups of 5 as the population was smaller and it would better serve the purpose of watching the videos with full attention and concentration as both facilitators and teachers gave out their phones to enable the students watch.

The facilitators took turns to engage the various groups after watching the videos.

Each group discussed the videos and noted their points on a piece of paper, after which the group took turns to present the observation.

This gave the facilitators the opportunity to appreciate the students understanding and further guided on the topic my changing body. This strategy went throughout the other two topics as students first engaged themselves in the groups before presenting their work to the whole class for other opinions.

The facilitators assisted students on the various topics for proper understanding and appreciation of the topics chosen.

POSITIVES

1. school was fully prepared for the talks
2. teachers were happy to be part of it
3. facilitators were very punctual
4. facilitators kept to the agreed time for the talks

CHALLENGES

1. few absent students

RECOMMENDATIONS

1. the grouping strategy should be maintained in subsequent engagements
2. duration of talks for 2 hours should be maintained
3. Continuation of programme would achieve much positive impact.

ST. CHARLES LWANGA JHS AND KOLGO JHS

This was scheduled on the 12th July, 2023 at the Sumbrungu women training centre, a larger facility for holding similar programmes. This gave the opportunity to put the two schools together.

The talk was schedule to start at 12:00pm but started at 12:30pm, this was due to down pour of rains in the morning. We had 150 boys in attendance.

The workshop started at 12:30pm with full presence of facilitators with watching of videos by students on the screen by a projector which was secured to enable the students watch the videos from a much comfortable position.

After watching the videos the team puts the students into groups as the main strategy for the workshop. This allowed the various groups to discuss the videos they watched while facilitators moved from group to group ensuring the discussion was going on well and assisted where necessary.

The groups made brief presentations of their discussion on the video they had watched.

The discussion continued in the group forms throughout the other topic areas under consideration with brief presentation of groups discussion.

The grouping strategy adopted gave the facilitators the opportunity to engage the students from a close range which made the discussions much easier and also the opportunity to have more students express their opinions on the subject matter.

This enables the facilitators to guide students on the subject matters more closely and in an engaging manner.

The session went on smoothly with the presence of their teachers to help control the grounds. The facility did indeed was a contributing factors to the smooth execution of the talks despite the numbers.

POSITIVES

1. Facilitators were punctual despite the rains that morning.
2. projector made viewing videos more relating
3. teachers presence contributed positively
4. the four (4) facilitators were enough to run the programme

CHALLENGES

1. starting at 12:30pm instead of 12:00pm due to the rains that morning

GENERAL OBSERVATIONS

1. The facilitators were committed to the project despite their schedules
2. The facilitators were punctual, arriving at venue ahead of time
3. Collaboration between the organizer and the schools were much better.
4. Teachers fully supported the talks.

GENERAL RECOMMENDATIONS

1. Maintaining the use of projector in future engagements.
2. Inform schools of intended engagement ahead of time for them to prepare and adjust to it
3. Further training of supporting teachers and peer leaders to continue the talks would do a lot of good.

CONCLUSION

I would like to thank Aya Afrika foundation for the support to carry out this programme especially Nene Kwesi Kafele for his passion and commitment towards this issue especially the funds to execute the programme.

I hope this would continue for the benefit of the students submitted on 18th July, 2023.

Compiled By

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